

[Your Full Name]
[Your Address]
[City, State, ZIP Code]
[Date]

[Representative/Senator's Name]
[Office Address]
[City, State, ZIP Code]

Dear [Representative/Senator's Name],

Subject: Urgent Reformation Needed in the 2024 Farm Bill for Healthier Food Policies

I am writing to express my deep concern about the current state of our nation's food policies and to urge you to support substantial reforms in the upcoming 2024 Farm Bill. The health and well-being of our families, communities, and future generations are at stake.

The average American child today consumes an alarming 66 grams of added sugar per day, starkly contrasting the American Academy of Pediatrics' recommendation of less than 25 grams. Our existing policies inadvertently endorse a diet rich in highly processed and sugary foods by making them more economically viable options for families. This systemic issue is not only a threat to our metabolic health but also imposes a significant economic burden on our healthcare system, with health expenditures soaring to \$4.3 trillion in 2021, without a corresponding improvement in health outcomes.

As your constituent, I implore you to consider supporting proactive measures like H.R. 4058, the Healthy SNAP Act of 2023, proposed by Congressman Josh Brecheen. This legislation aims to amend the Food and Nutrition Act of 2008, restricting the use of Supplemental Nutrition Assistance Program (SNAP) dollars for purchasing non-nutritive items such as soft drinks, candy, and prepared desserts. It is disheartening to learn that a significant portion of SNAP benefits is currently expended on such products, contradicting the program's fundamental goal of supporting nutritional well-being among low-income families.

Moreover, I believe it is crucial to redirect our focus and resources toward supporting our local farmers who work tirelessly to provide nutritious, wholesome products. Investing in local agriculture not only fosters a healthier population but also strengthens our local economies and sustains the farming community.

The forthcoming 2024 Farm Bill presents a critical opportunity to realign our priorities and reshape our food environment. I urge you to advocate for policies that promote the consumption of nutritious, whole foods and support the hardworking farmers across our nation. Our collective health, economic prosperity, and future depend on these pivotal decisions.

Thank you for your attention to this matter of great importance. I am hopeful for your support and leadership in championing a healthier, more sustainable food system for all Americans.

Sincerely,

[Your Full Name]
